



New Millennium Entertainment

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(812) 332-6526 www.newmilent.com

How to Practice Mind Reading!

Materials:

- Plain index cards or blank paper
- Pencil or markers

Directions:

Do you think it's possible to read someone's mind?

Some people have the ability to send messages from their brain to another person's brain without words or signs. We don't quite know how this is done. It may be that the human brain has a way of signaling that we have not developed or have forgotten how to use.

Play this game with a friend to see if you can read each other's minds.

Draw five simple shapes on the paper or cards, like a dog, cat, tree, house, flower, tree, apple, bird, etc.

Now one of you place the cards face down in front of you. Turn one card over and look at it. Then close your eyes and think of nothing else.

The other person closes his or her eyes and tries to have a blank mind to receive the message.

The receiver draws the shape that comes to mind on a piece of paper.

Try it a few times in a row, then switch being receiver and sender!

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